

## **Gait alteration in dystonic patients**

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*Introduction:* Dystonia is a movement disorder characterized by sustained or intermittent muscle contractions causing abnormal, often repetitive, movements, postures, or both [1]. Preliminary evidence have suggested the presence of subclinical gait impairment in patients with cervical dystonia [2].

*Objectives:* To analyse the pattern of gait in patients with focal/segmental cranio-cervical dystonia and compare it with healthy controls (HC) matched for age.

*Methods:* Patients were evaluated with the Fahn-Marsden dystonia scale (F-M) and underwent a gait analysis using the BTS GaitLab system according to Davis Protocol in order to extract spatial and temporal gait parameters. Davis Protocol consists of four phases: anthropometric measurements, positioning of reflective markers on the patient, standing phase and walking phase. The Mann-Whitney U-Test was used to verify differences between patients and HC. A significance level of 0.05 was adopted.

*Results:* 8 patients (3M, 5F) with a mean disease duration of  $14.5 \pm 12.7$  years, F-M total movement scale of  $11.19 \pm 5.9$ , F-M total disability scale of  $2.25 \pm 1.91$ , and 6 HC were enrolled. Patients performed worse than HC. Significant differences were found in cycle duration (p-value < 0,01), stance duration (p-value = 0,02), stance phase (p-value = 0,01), double support phase (p-value = 0,03) and mean velocity (p-value = 0,04).

*Conclusion:* We found significant differences between patients and HC in terms of gait speed, confirming a previous study [2]. We additionally found other significant differences such as increased cycle duration and stance phase, which may suggest a gait uncertainty in patients with dystonia. Additional analyses are underway to correlate demographic and clinical features of patients with their gait abnormalities.

### **References:**

[1] Albanese A. et al. Phenomenology and classification of dystonia: a consensus update. *Movement disorders* vol. 28,7 (2013): 863-73.

[2] Esposito M, Dubbioso R, Peluso S, Picone A, Corrado B, Iammarone CS, Allocca R, Manganelli F, Santoro L, Fasano A. Cervical dystonia patients display subclinical gait changes, *Parkinsonism and Related Disorders* (2017).