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Magnetic resonance T1w/T2w ratio in the putamen and cerebellum as a marker of cognitive impairment in MSA: a longitudinal study

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Introduction: The exact pathophysiology of cognitive impairment in multiple system atrophy (MSA) is unclear [1, 2]. In our longitudinal study we aimed to analyze: (I) the relationships between cognitive functions and some subcortical structures, such as putamen and cerebellum assessed by voxel-based morphometry (VBM) and T1-weighted/T2-weighted (T1w/T2w) ratio, and (II) the neuroimaging predictors of the progression of cognitive deficits.

Methods: Twenty-six patients with MSA underwent a comprehensive neuropsychological battery, motor examination and brain MRI at baseline (T_0) and 1-year follow-up (T_1). Patients were then divided according to cognitive status into MSA with normal cognition (MSA-NC) and MSA with mild cognitive impairment (MCI). At T_1 we divided the sample according to worsening/non worsening of cognitive status compared to baseline evaluation.

Results: Logistic regression analysis showed that age (β =-9.45, p=.02) and T1w/T2w value in the left putamen (β =230.64, p=.01) were significant predictors of global cognitive status at T₀, explaining 65% of the variance. Logistic regression analysis showed that Δ -values of WM density in the cerebellum/brainstem (β = 2188.70, p=.02) significantly predicted cognitive worsening at T₁, explaining 64% of the variance.

Discussion: Our results suggest a role for the putamen and cerebellum in the cognitive changes of MSA, probably due to their connections with the cortex. The putaminal T1w/T2w ratio may deserve further studies as a marker of cognitive impairment in MSA [3].

References:

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