## P166

## A study on the correlations between acoustic speech variables and bradykinesia in advanced Parkinson's disease

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*Introduction:* Very few studies have assessed the presence of possible correlation between speech variables and limb bradykinesia in patients with Parkinson's disease (PD).

*Objective:* The objective of this study was to find the presence of correlation between different speech variables and upper extremity bradykinesia in different medication conditions in a cohort of advanced PD patients.

*Methods:* Retrospective data from advanced PD patients before and after an acute levodopa challenge were collected. Each patient was assessed through a perceptual-acoustic analysis of speech which included several quantitative parameters (i.e. maximum phonation time [MPT]; Shimmer Local dB); a neurological evaluation with the administration of the Unified Parkinson's Disease Rating Scale (UPDRS) (total scores, subscores and items) and a timed test (tapping test for 20 seconds) to quantify upper extremity bradykinesia. Pearson's correlation coefficient was applied to find correlation between the different speech variables and tapping rate.

*Results:* 53 PD patients (males: 34; disease duration: 10.66 [sd 4.37] years; age at PD onset: 49.81 years [sd 6.12]) were included. Levodopa intake significantly increased the MPT of sustained phonation (p<0.01) while significantly reduced speech rate (p=0.05). In the defined-OFF condition, MPT of sustained phonation correlated positively with both bilateral mean (p= 0.044, r-value: .299) and left (p= 0.033, r-value: .314) tapping.

In the defined-ON condition patients with a longer MPT performed well the tapping test with both arms.

*Conclusions:* This study confirms the presence of correlations between speech acoustic variables and upper extremity bradykinesia in a cohort of advanced PD patients. This may be due to common pathophysiological mechanisms.